

Brainspotting

Phase 2 Training

What is Brainspotting?

Brainspotting is a powerful, focused treatment method that works by identifying, processing and releasing core neurophysiological sources of emotional/body pain, trauma, dissociation and a variety of challenging symptoms. Brainspotting is a simultaneous form of diagnosis and treatment, enhanced with BioLateral sound, which is deep, direct, powerful yet focused and containing.

Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge.

When

May 3rd-5th, 2019 • 9am - 6pm
Earn 21 CE's for training

Where

Mid-Valley Pain Clinic
670 Hawthorne Street SE Suite 150
Salem, OR 97301

Register

<http://bit.ly/gcc-bst>

Questions

Dawn Stiller - Office Manager
dawn@getconnected.works

Meet the Trainer



Cherie Lindberg *Brainspotting Trainer & Consultant, MSE, LPC, NCC*

Cherie Lindberg, is the owner of Get Connected Counseling & Consulting, LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Her specialties include performance enhancement, life transitions, personal growth, anxiety disorders, marital therapy, stress management, PTSD, and ego state therapy.



Pie Frey *Brainspotting Trainer & Consultant, PSYD*

Pie Frey, Psy.D. is a psychotherapist in private practice in Boulder, Colorado. She has worked in mental health settings, adolescent treatment programs and private practice since 1982. Dr. Frey works with adolescents and adults. Specialties include working with all types of trauma, including childhood trauma; sexual abuse; addictions, mood and anxiety disorders; traumatic brain injuries; and trans-generational issues. She also has expertise working with performance enhancement, mind-body issues and spirituality. She has also developed a Brainspotting protocol for relieving obsessive-compulsive symptoms.

Note: Pie attending is contingent on her being recovered from medical leave.

GET CONNECTED CONSULTING, LLC

Transforming Ordinary Into Extraordinary

5497 W Waterford Lane Ste A
Appleton, WI 54913
(920) 750-6120
cherie@getconnected.works

