

# Brainspotting

Phase I

Scottsdale, AZ

## What is Brainspotting?

Brainspotting is a powerful, focused treatment method that works by identifying, processing and releasing core neurophysiological sources of emotional/body pain, trauma, dissociation and a variety of challenging symptoms. Brainspotting is a simultaneous form of diagnosis and treatment, enhanced with BioLateral sound, which is deep, direct, powerful yet focused and containing.

## Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge. Earn 21 CE's for training (*Additional Cost*)

## When

January 24th - January 26th, 2020  
8:30 am - 6:00 pm

## Where

Beyond Excellence Counseling & Consulting  
15455 N Greenway Hayden Loop Suite C9  
Scottsdale, AZ 85260

## Register

<https://cherielindberg.com/s/10OX3iDIHeo1>

## Questions

Paul Lindberg - Office Manager  
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## Cherie Lindberg

*Brainspotting Trainer & Consultant, MSE, LPC, NCC*

Cherie Lindberg, is the owner of Get Connected Counseling & Consulting, LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Her specialties include performance enhancement, life transitions, personal growth, anxiety disorders, marital therapy, stress management, PTSD, and ego state therapy.

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