Brainspotting

Phase I | Online

Introductory/Beginning Level Three day 21-hour live training in-person or online training

OVERVIEW:

Brainspotting is a brain-based therapy based on hypothesis that specific eye positions designated as "brainspots" activate and access specific area of the midbrain that allow for the reprocessing and releasing of core neurophysiological reactions to trauma-related and other psychological experiences. In this introductory Brainspotting Phase 1 training, participants will learn four basic brainspotting techniques. In addition, participants will receive and overview of the:

- standards of care and professional practice for brainspotting practitioners,
- research that supports the primary assumptions of brainspotting; and
- challenges of research and evidence-based treatment for conditions such as Complex PTSD

LEARNING OBJECTIVES

This introductory level has 16 main objectives. For a complete list of objectives and more, please visit the URL listed on this flyer.

SCHEDULE:

Registration begins at 8:30 am on the first day.

Training runs from 9 am - 5:30pm each day.

For cancellation policy, CE disclosure, purchasing CE's and agenda for this training see registration page

Evaluations and certificates will be available after the course completion www.ceuregistration.com

There is no conflict of interest or commercial support for this program.

Who

Classes are open to all Social Workers, MFTs, LPCs, Mental Health Counselors, Chemical Dependency Counselors, Psychoanalysts and Psychologists and graduate level students
who are curious and seek to expand their knowledge.

Earn 21 CE's for training *(Additional Cost)*

When

October 8th - October 10th, 2021
9:00 am - 5:30 pm

Where

Online

Register

https://cherielindberg.com/s/wcqeawzibjnp

Questions

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Cherie Lindberg

Brainspotting Trainer & Consultant, MSE, LPC, NCC

Cherie Lindberg, is the owner of Get Connected Counseling & Consulting, LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Her specialties include performance enhancement, life transitions, personal growth, anxiety disorders, marital therapy, stress management, PTSD, and ego state therapy.

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