Brainspotting

Brainspotting Intensive Sedona AZ | Sedona, AZ

Seminar Overview

The Brainspotting (BSP) Intensive was devised by David Grand, founder and developer of BSP to provider the ultimate learning experience for BSP therapists. The registration is capped at 10 participants and the schedule is five full consecutive days. How would you like to learn and heal in a relaxed, calm environment? Do you like to travel? Brainspotting Travel trips can combine the Brainspotting intensive experience along with travel.

There are ten experientials in the center of the group with each participant being the therapist once and client once. Cherie will sit next to the therapist and personally teach by guiding the therapist in the most attuned, technically advanced and innovative BSP process. Afterwards, each session is debriefed extensively in the group and this enhances everyone's learning process. In sum, the Intensive is a master class in developing skills as an advanced clinical BSP therapist. This is also a qualified path to achieving Brainspotting certification provided the Brainspotter has 50 documented Brainspotting sessions.

Payment / Refund Policy

$2000 is the cost of the Intensive including certification. Room and board for 6 nights which includes continental breakfast each morning is $1440. Full refund will be given prior to March 31st 2022 after that 50% refund will be allotted.

Who

Classes are open to all counselors, psychologists, and students who are curious and seek to expand their knowledge.

CE's applied for

Earn 21 CE's for training *(Additional Cost)*

When

April 26th - May 1st, 2022
9:00 am - 6:00 pm

Where

Sedona, AZ

Register

https://cherielindberg.com/s/oxgtjlbgifix

Questions

Paul Lindberg - Office Manager
paul@getconnected.works



Cherie Lindberg

Brainspotting Trainer & Consultant, MSE, LPC, NCC

Cherie Lindberg, is the owner of Get Connected Counseling & Consulting, LLC, has been in the counseling field for more than 20 years. She is a Licensed Professional Counselor, Nationally Certified Counselor, Brainspotting Trainer & Consultant. She is also certified in Imago Relationship Therapy and trained in EMDR. Her specialties include performance enhancement, life transitions, personal growth, anxiety disorders, marital therapy, stress management, PTSD, and ego state therapy.



Pie Frey, Psy.D.

Pie Frey

Dr. Frey was trained in Brainspotting in 2006. She is the Senior US and Canadian Trainer and has assisted Dr. David Grand, the developer of Brainspotting, in many of his training workshops and intensives. She has trained hundreds of BSP therapists all over the United States and Canada in both Phase 1 and Phase 2 since 2009. She also facilitates Brainspotting consultation groups and offers individual consultation to other therapists. Dr. Frey founded and is the President of the Rocky Mountain Brainspotting Institute in Colorado, which is a nonprofit dedicated to educating the community about Brainspotting and developing a scholarship program for BSP therapies.'

CHERIE LINDBERG PhD

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